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Tamilnadu's breakfast scheme is a good model to improve school education & public health of the country.

The mid-day meal scheme has been successful on improving nutrition school enrollment rate, Tamilnadu's govt decision to expand it to breakfast is a milestone decision.

As per National Family Health Survey (NFHS-5), child nutrition improved marginally. also COVID-19 impacted school dropouts, ^{increase} ASER 2021 report underlines lack of Foundational literacy & basic numeracy in children.

The importance of daily breakfast is widely acknowledged. Multiple studies across globe indicate positive outcome of regular Breakfast

- ✓ Increase their ability to focus learn & retain information positively
- ✓ school performance improve & also

their behaviour & cognition

- ✓ Take care of diet quality, micronutrient sufficiency, anaemia & even BMI scores

Tamilnadu's breakfast calorie is with Centre prescribed guidelines other states like Karnataka earlier providing milk & boiled egg to children

However the problems with midday meal scheme like poor quality of, lack of attention to taste, avoid from local preparation & vegetables, food safety need to be addressed

central government can expand this scheme as part of PM Poshan Shala Nirman or PM Poshan, so that Health, Education quality, school enrollment & many issues would be addressed