

UPSC

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Only write
question
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1. Tamil Nadu's breakfast Scheme is a good model to improve school education and public health of the country. Discuss.

Tamil Nadu government has launched 'free' breakfast for school children from class I-V. Serves as a model for other states.

Model:

Chief Minister of the State pointed out Scheme is not a freebie, but the responsibility of the State. It is a part of Dravidian model for inclusive growth of all.

Key factor: children welfare - NO children must enter classroom empty stomach.

Evidences

1. US schools has breakfast schemes implemented by Dpt of Agri

2. European countries - eg: France introduced such scheme 3 yrs ago

3. Research studies shows 'breakfast in school' will enhance child's learning ability altaydame

Consequences.

1. School performance - Breakfast will enhance cognitive ability and ^{academic} performance of child

2. nutrition - quality diet, ^{micro} nutrition, anaemia & health related issues - BMI scores are addressed

Target: calories - 846 and proteins - 28 gm.
[combined Breakfast (+) midday meals]

way higher than Centre's guidelines \Rightarrow 700 calories
and 12-20 gms
proteins

Thus the State has provided a model for other state to follow. Financing for such crucial scheme will enhance the national building and development of children