

11 June 21

Ques) Improving nutrition calls for a systems approach, cutting across various components in the country. In the context of the pandemic. Analyse.

Ans) Addressing to the nutrition needs of the citizens is must be one of the priorities of the government as it has both short and long term consequences.

A nourished and food secure nation will be able to regain the productivity and prevent any such health crisis in future. According to SOFI report 2020 - India is ~~as~~ contributor of 22% food insecure people of the world.

A systems approach, synchronising work of various components such as civil society, ^{district} administration, communities, researchers, innovators, statisticians is the need of the hour.

Some initiatives taken by the government in this direction are -

① POSHAN Abhiyaan

with its revised version as POSHAN-2.0, it involves various measures to ensure nutrition level and well being of 1000 days from of child from pregnancy till 2nd birthday and mother.

A POSHAN tracker is yet another tool for the real time data recording of the

beneficiaries and their access to resources through Anganwadi workers, also involves POSHAN VATHKAS for community access of local produce.

- 2) DHAAR KRANTI is a web portal spreading awareness about the importance of balanced diet to teachers who will pass them to students asking them to aware their family.
- 3) FSSAI has adopted STATE FOOD SAFETY INDEX to measure the performance of state on 5 parameters of food safety.
- 4) NATIONAL HEALTH POLICY - 2017, under which various programmes have been started as
 - ↳ Eat Right India Movement by FSSAI and government of India
 - ↳ Ayushman Bharat
 - ↳ Anemia Mukh Bharat etcwhich are in line of achieving safe, healthy and sustainable food and good health.

Some other components that can be looked

- 1) Fulfilling the nutritional needs of women farmers ~~the~~ ⁱⁿ catens.
- 2) Adopting community ~~relations~~ ^{relations} for easy, nutritional ~~the~~ cooked meal for poor.
- 3) Promoting research and development on nutritional variety of crops such as Punjab Sona wheat and Punjab Reunak Brinjal etc.