

Project Sampoorna's success in reducing child malnutrition model that can be easily implemented anywhere in the country. Discuss (200 words)

Project Sampoorna is an innovative method implemented in Bongaiwon district in Assam to address malnutrition in children, that to particularly the Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM). It is based on the success of Project Mili Tuli, for COVID-19 management, this project is initiated.

The process of project Sampoorna

Mothers of SAM/MAM children are selected



They are paired with mother of healthy children in same community - Buddy Mothers



Diet plan is provided. Discussed among themselves to follow it. Meet every Tuesday.



For financial support, the mothers are enrolled in Self-help Group.

This project resulted as the initiative with zero economic investment to address ^{one of} the Sustainable Development Goal. It works with the tagline of "Empowered Mothers, Healthy Children". In addition to it, 100 millilitres of milk and an egg is given to selected children for first three months.

It is even good to appreciate the involvement of mothers, that even after milk and egg distribution stopped. The mothers involved actively in their new jobs and Buddy Mothers were active together.

Right to stay healthy should be enjoyed everywhere by children irrespective of any bias. This initiative shows a good sign to address malnutrition in a developing country. With its easy adaptive approach and ~~super~~ less supervision, this can be implemented anywhere.