

12/06/2023.

[GS-2] Health.

Tackling the complex issue of nutrition among adolescent girls is not just a health concern but also an investment in India's future. Analyse.

Adolescent period is the period of 2nd window of opportunity for girls. To achieve Growth and cognitive development.

Effective Adolescent ^{nutrition} period → for girls

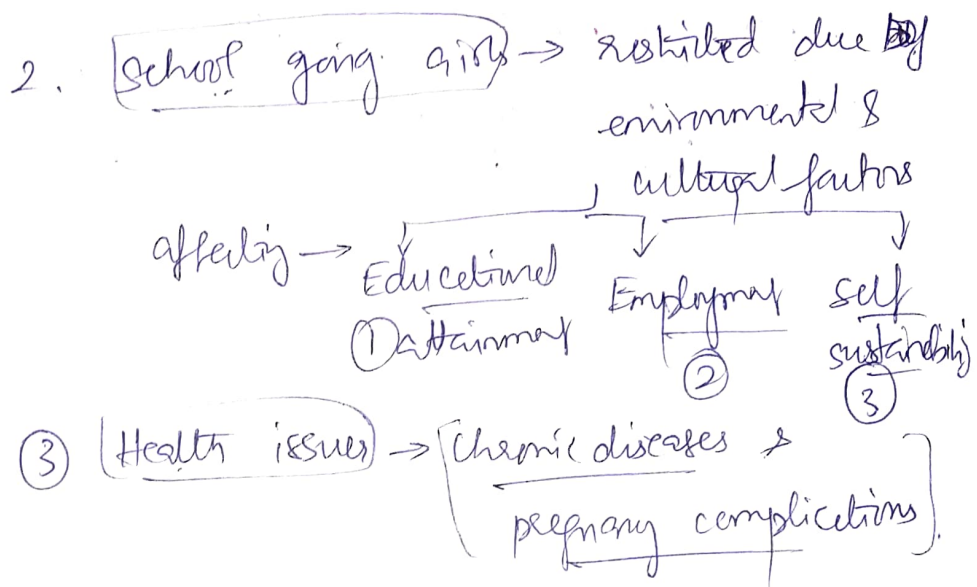
1) women labour force participation will get a fillip which currently stands at 27%.

2) opportunity to invest in nutrition - reaps demographic dividend.

Concerns.

1) undernutrition & anaemia among Adolescent girls → National Family Health Survey - 5

↳ 59% girls → anaemic



Treed of houses

1. Life cycle based approach → break inter generational, inequality
2. convergence of schemes → Adolescent girls scheme with POSTAR 2.0.
3. Tangled Adolescent girl scheme → for Awareness & ^{nutritional} education programmes

Way forward.

Adolescent girl nutrition is not only a moral obligation but also economic as it have direct implication on Productivity on future generation.