

Q) Unani System of medicine offers lessons for sustainable, effective health care and demonstrate scientific humility in the Country. Elaborate!

"Unani" Means "Greek" in Arabic, Unani medical systems have equal contributions from both Greeks and Arabs. According Ministry of Ayush report "there were more than 50,000 of unani practitioners in India, and the sector contain lot of quacks than allopathy sector."

Unani system

1) Balance of body fluids known as Four humors

- i) Blood
- ii) Phlegm
- iii) Yellow bile
- iv) Black bile

2) Main reason for ~~disease~~ ^{disease} is imbalance of air, earth, water and fire existing in nature and inside human body also

Why Sustainable, effective health care systems?

1) More environmental and safer
than other forms of medicines

2) Unani Preventive treatments like
Chinking Shadary Paniya, Consuming
Samshamani, agastyaharidrak
are helpful to prevent life cycle
diseases

3) By the new medical bill-2019, Unani
Systems also take part in basic
treatments in grass root level

Challenges

1) Most of Unani Practitioners not get
adequate knowledge about treatment

2) By new Medical bill, "the new
"bridge course" Provisions may break
more gates

3) In India Unani medicines once
banned by "Parsaore - Cochin" Medical
Bill - 1953

1) Supreme Court as well as Indian Medical Association have declared Unani to be Quackery

2) In 2018 S.C said that "Unqualified, Untrained Quacks are posing a great risk to the entire society and playing with life of people without have proper training"

3) WHO also said that most of the medicines used in Unani system is Poisonous in nature
as follows

1) Proper guidance and Counselling need to people about unani medicines

2) Strict checking quality of Unani education
by Unani Education Committee Set up in 1964

3) More Research and Technological development needed in the traditional Unani System. By the recent study the Shadang Pariza (unani medicine) have ability to prevent from Corona Virus, but Scientifically not proven yet.

4) Strong measures needed from Union Ayush ministry along with states counterparts for Unani sector development.