

World Happiness Report 2025

Why in News?

The world happiness report, 2025 released recently.

- **World Happiness Day** - Celebrated globally on March 20.
- **Theme, 2025- “Caring and Sharing”.**
- **Proclaimed by** - General Assembly of the United Nations, in a resolution initiated by Bhutan in July 2012, recognizing the relevance of happiness and well-being as universal goals.
- **World Happiness Report, 2025 - Published by** - University of Oxford’s Wellbeing Research Centre in partnership with Gallup, the UN Sustainable Development Solutions Network.
- Rankings are based on a **3-year average** of people's life evaluations.
- The happiness score or subjective well-being is based on the national average response to the life evaluations question in the Gallup World Poll (GWP).
- The survey asks respondents to evaluate their current life as a whole using a ladder scale, with the best possible life as 10 and the worst possible life as 0.
- **Indicators**
 - GDP per capita,
 - Social support,
 - Healthy life expectancy,
 - Freedom,
 - Generosity, and
 - Perceptions of corruption.
- **Top ranking countries**

1. Finland	6. Costa Rica
2. Denmark	7. Norway
3. Iceland	8. Israel
4. Sweden	9. Luxembourg
5. Netherlands	10. Mexico

- U.S. Ranked in the **24** and Canada ranked in **18**.
- **Low Ranking Countries** - Sierra Leone (No. 146), Lebanon (No. 145), Malawi (No. 144) and Zimbabwe (No. 143) make up the rest of the bottom five for happiness.
 - **Afghanistan (No. 147)** is once again last on the list.
- **India’s Ranking** - India ranks at **118th** position in 2025.
- Over the past few years, India has seen gradual progress in some social and economic

indicators.

- **Rankings of South Asian Nations** - Nepal secured the highest position at 92nd, Pakistan 109th, Myanmar 126th, and Sri Lanka closely followed Bangladesh at 133rd.

References

1. [CNBC TV | World Happiness Report 2025](#)
2. [Hindustan Times | World Happiness Report 2025](#)

