# SUMAN Roadmap 2030

**Prelims:** *Current events of national and international importance | Health*

## Why in News?

*Recently, Health Minister launched the SUMAN Roadmap 2030 at the 16th Conference of the Central Council of Health and Family Welfare (CCHFW).*

- It is a strategic framework to strengthen ***maternal and newborn healthcare across the country.***
- **Aim –** To lower India's Maternal Mortality Rate (MMR) to below ***70 per 1 lakh live births by 2030.***
- Reduce the Neonatal Mortality Rate (NMR) and the Infant Mortality Rate (IMR).

## Key Features

- **Framework –** Anchored in RMNCHA+N (Reproductive, Maternal, Newborn, Child, Adolescent Health + Nutrition).
- **Life-cycle Approach –** Integrates interventions from pre-pregnancy through pregnancy, childbirth and the postnatal period.
- Ensures convergence with child health, adolescent health, family planning and nutrition programs.
- **High-risk pregnancy management –** Structured interventions across 4-critical stages *antenatal, third-trimester, intrapartum, and postnatal stages.*
- **Targeted coverage –** Focused interventions in 130 districts across 13 high-focus States (Assam, Bihar, Chhattisgarh, Jharkhand, Madhya Pradesh, Odisha, Rajasthan, Uttar Pradesh, Uttarakhand, West Bengal, etc.).
- **Strengthening Infrastructure –** Birth Waiting Homes, Maternal and Child Health Wings, Obstetric high dependency unit (HDUs), ICUs in underserved areas.
- **Bi-weekly home visits –** An *Accredited Social Health Activist (ASHA),* who is a trained community health worker will visit the pregnant woman's

home twice a week.

- **Community participation –** SUMAN Panchayats, Mothers' Picnic initiatives, caregiver support during postnatal period community engagement to foster health awareness.
- It encourages positive newborn care practices among local mothers.
- **Digital innovation –** AI-enabled labour rooms, JANANI Portal for monitoring, SUMAN Call Centre for grievance redressal.
- **Emergency Support –** Referral transport incentives, deployment of Non-Pneumatic Anti-Shock Garments (NASG) for haemorrhage management.
- **Integration –** Links with Samagra Shishu Bal Swasthya Karyakram (SSBSK) for home-based child care up to 36 months.
- Aligns with SDIt aligns India's efforts with the Sustainable Development Goals (SDGs).

**Reference**

PIB | Suman roadmap 2030

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