

SUMAN Roadmap 2030

Prelims: *Current events of national and international importance | Health*

Why in News?

Recently, Health Minister launched the SUMAN Roadmap 2030 at the 16th Conference of the Central Council of Health and Family Welfare (CCHFW).

- It is a strategic framework to strengthen **maternal and newborn healthcare across the country**.
- **Aim** - To lower India's Maternal Mortality Rate (MMR) to below **70 per 1 lakh live births by 2030**.
- Reduce the Neonatal Mortality Rate (NMR) and the Infant Mortality Rate (IMR).

Key Features

- **Framework** - Anchored in RMNCHA+N (Reproductive, Maternal, Newborn, Child, Adolescent Health + Nutrition).
- **Life-cycle Approach** - Integrates interventions from pre-pregnancy through pregnancy, childbirth and the postnatal period.
- Ensures convergence with child health, adolescent health, family planning and nutrition programs.
- **High-risk pregnancy management** - Structured interventions across 4-critical stages antenatal, third-trimester, intrapartum, and postnatal stages.
- **Targeted coverage** - Focused interventions in 130 districts across 13 high-focus States (Assam, Bihar, Chhattisgarh, Jharkhand, Madhya Pradesh, Odisha, Rajasthan, Uttar Pradesh, Uttarakhand, West Bengal, etc.).
- **Strengthening Infrastructure** - Birth Waiting Homes, Maternal and Child Health Wings, Obstetric high dependency unit (HDUs), ICUs in underserved areas.
- **Bi-weekly home visits** - An Accredited Social Health Activist (ASHA), who is a trained community health worker will visit the pregnant woman's

home twice a week.

- **Community participation** - SUMAN Panchayats, Mothers' Picnic initiatives, caregiver support during postnatal period community engagement to foster health awareness.
- It encourages positive newborn care practices among local mothers.
- **Digital innovation** - AI-enabled labour rooms, [JANANI Portal](#) for monitoring, SUMAN Call Centre for grievance redressal.
- **Emergency Support** - Referral transport incentives, deployment of Non-Pneumatic Anti-Shock Garments (NASG) for haemorrhage management.
- **Integration** - Links with Samagra Shishu Bal Swasthya Karyakram (SSBSK) for home-based child care up to 36 months.
- Aligns with SDIt aligns India's efforts with the Sustainable Development Goals (SDGs).

Reference

[PIB | Suman roadmap 2030](#)

