NFHS-6 Update

Prelims: *Current events of national and international importance | Health*

Why in News?

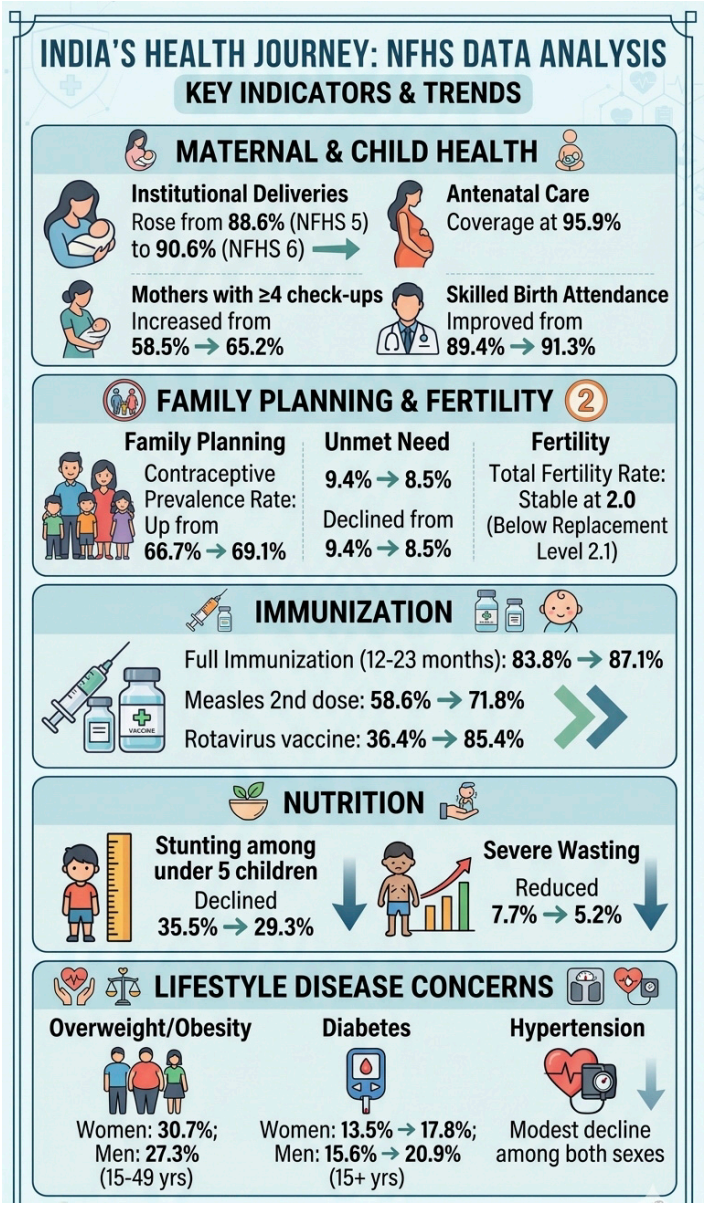
Recently, National Family Health Survey-6 has reported improvements in maternal and child health indicators but also highlighted a rise in lifestyle-related diseases among adults.

Maternal and Child Health Gains

- **Institutional Deliveries –** Rose from 88.6% (NFHS-5) to 90.6% (NFHS-6).
- **Antenatal Care –** Coverage at 95.9%.
- Mothers with ≥4 check-ups increased from 58.5% - 65.2%.
- **Skilled Birth Attendance –** Improved from 89.4% - 91.3%.
- **Family Planning –**
  - Contraceptive prevalence rate up from 66.7% - 69.1**%.**
  - Unmet need declined from 9.4% - 8.5%.
- **Fertility –** Total Fertility Rate stable at 2.0 (below replacement level 2.1).
- **Immunisation –**
  - **Full immunisation (12–23 months) –** 83.8% - 87.1%.
  - **Measles 2nd dose –** 58.6% - 71.8%.
  - **Rotavirus vaccine –** 36.4% - 85.4%.
- **Nutrition –**
  - Stunting among under-5 children declined 35.5% - 29.3%;
  - Severe wasting reduced 7.7% - 5.2%.

Lifestyle Disease Concerns

- **Overweight/Obesity (15–49 yrs)**
  - **Women –** 30.7%
  - **Men –** 27.3%.
- **Diabetes (15+ yrs)**
  - **Women –** 13.5% - 17.8%
  - **Men –** 15.6% - 20.9%.
- **Hypertension –** Modest decline among both sexes.



Reference

DD India | NFHS-6

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