

NFHS-6 Update

Prelims: Current events of national and international importance | Health

Why in News?

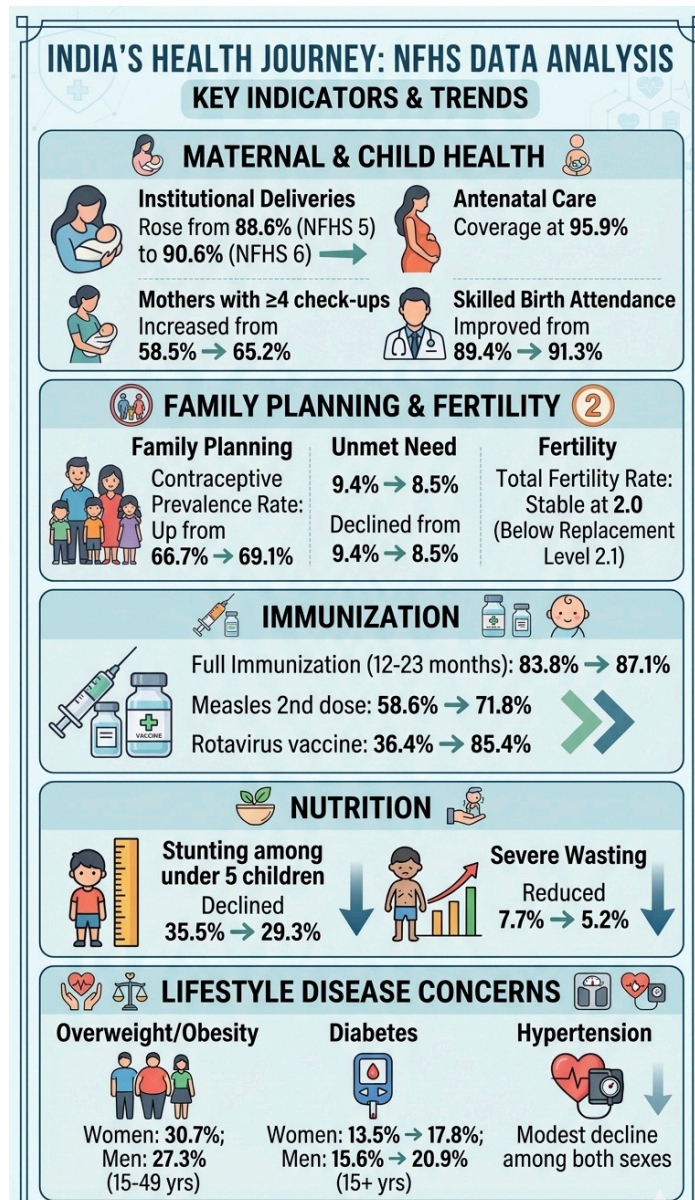
Recently, National Family Health Survey-6 has reported improvements in maternal and child health indicators but also highlighted a rise in lifestyle-related diseases among adults.

Maternal and Child Health Gains

- **Institutional Deliveries** - Rose from 88.6% (NFHS-5) to 90.6% (NFHS-6).
- **Antenatal Care** - Coverage at 95.9%.
- Mothers with ≥ 4 check-ups increased from 58.5% - 65.2%.
- **Skilled Birth Attendance** - Improved from 89.4% - 91.3%.
- **Family Planning** -
 - Contraceptive prevalence rate up from 66.7% - 69.1%.
 - Unmet need declined from 9.4% - 8.5%.
- **Fertility** - Total Fertility Rate stable at 2.0 (below replacement level 2.1).
- **Immunisation** -
 - **Full immunisation (12-23 months)** - 83.8% - 87.1%.
 - **Measles 2nd dose** - 58.6% - 71.8%.
 - **Rotavirus vaccine** - 36.4% - 85.4%.
- **Nutrition** -
 - Stunting among under-5 children declined 35.5% - 29.3%;
 - Severe wasting reduced 7.7% - 5.2%.

Lifestyle Disease Concerns

- **Overweight/Obesity (15-49 yrs)**
 - **Women** - 30.7%
 - **Men** - 27.3%.
- **Diabetes (15+ yrs)**
 - **Women** - 13.5% - 17.8%
 - **Men** - 15.6% - 20.9%.
- **Hypertension** - Modest decline among both sexes.



Reference

[DD India | NFHS-6](https://ddindia.org/nfhs-6)