

# **Nature-based Solutions (NbS) for urban flooding**

**Mains syllabus:** GS II- Urbanization, their problems, and their remedies ;GS III-Disaster and Disaster Management.

# Why in the News?

Recent increase in disruptive urban flooding including 2024 Bengaluru floods prompts to explore opportunities about nature-based solutions in controlling urban flooding

## What is urban flooding?

• **Definition** - United Nations (UN) defines urban floods as the <u>inundation of land or</u> <u>property in a built environment</u>, particularly in densely populated areas, caused by rainfall exceeding the capacity of drainage systems.

#### Causes

- Systemic gaps in planning, land use, and infrastructure management.
- Prioritising efficient stormwater drainage rather than local water retention or recharge.
- Extensive concretisation of stormwater drains.
- Reduced natural water-holding capacity of the stormwater drains and water bodies.
- Encroachment of water bodies and stormwater channels.
- Climate change and erratic monsoons.
- **Consequences** It leads to widespread <u>waterlogging and traffic congestion</u>, thereby severely affecting daily mobility.
- It also results in temporary road closures across the city.

| Recent urban floods in India |           |
|------------------------------|-----------|
| 2015                         | Chennai   |
| 2020                         | Mumbai    |
| 2020                         | Hyderabad |
| 2023                         | Delhi     |
| 2024                         | Bengaluru |

• Vulnerable cities - Mumbai, Chennai, and Kolkata, are situated along the coast,

making them vulnerable to both sea level rise and land subsidence.

To know more about urban flooding, click here

#### What is Nature-based Solutions (NbS)?

- **Definition** They are actions to *protect, conserve, restore, and sustainably use and manage ecosystems* in a way that addresses social, economic, and environmental challenges while simultaneously benefiting human well-being and biodiversity.
  - **For example**, Renewable energy, Beekeeping, Ecotourism, Agroforestry are some examples of nature-based solutions.
- Global support The design, implementation, and evaluation of Nature-based Solutions are supported by the IUCN Global Standard for Nature-based Solutions.
- The Global Standard helps users shape their solutions and make them truly effective through 8 criteria and 28 indicators, supported by guiding questions.
- **Importance** They target major challenges like climate change, disaster risk reduction, food and water security, biodiversity loss and human health, and are critical to sustainable development.
- **Benefits** It can *support biodiversity, enhance groundwater recharge, mitigate urban heat,* and create opportunities for local employment and community stewardship.
- Challenges
  - Absence of standardised design frameworks
  - Limited documentation of long-term impacts
  - $\circ$  A disconnect between pilot initiatives and citywide planning or investment decisions.



MGNREGS (Mahatma Gandhi National Rural Employment Guarantee Scheme) of India is a major contributor to global Nature-based Solutions, says report released at COP16 in Riyadh. MGNREGS fosters sustainable development, promotes environmental conservation and social inclusion in rural areas.

## How it can be used for controlling urban flooding?

- NbS approach will *help the city manage stormwater more sustainably*, while also contributing to water security and climate resilience.
- It also guide the strategic integration of green and blue infrastructure within the existing urban area, *optimising flood resilience* without requiring large-scale redevelopment.
- **Developing green infrastructure** It includes initiatives like like <u>rain gardens</u>, <u>wetlands</u>, <u>bioswales</u>, <u>green roofs</u>, and permeable pavements
- **Creating sponge cities** They are the cities that uses green infrastructure to absorb and purify rainwater, reducing flood risks and improving urban quality.
  - Guangming District in China incorporated Nature-based solutions interventions, which have resulted in a 72% annual runoff control rate and a 62% reduction in diffuse pollution.
- It also involves decentralised green infrastructure, <u>improvements to water and wastewater systems</u>, and active community engagement.

### NbS based Urban Flooding Control in Bengaluru

- **Existing potential** It has more *parks and playgrounds* which can act as water retention geographical feature.
- Many apartment complexes and educational institutions also contain *green spaces* that could be repurposed or enhanced *for stormwater retention*.
- These existing assets offer a strong foundation for redesigning how the city absorbs and manages runoff.

Bengaluru is known as the "Garden City," because it has more than 1,100 parks and over 250 playgrounds.

### What lies ahead?

- A practical way forward would involve piloting studies coupled with monitoring and evaluation.
- Integrating these findings into municipal planning frameworks that are supported by cross-departmental coordination.
- Developing hydrological modelling to simulate different rainfall scenarios and determine the types, scales, and locations of NbS needed to reduce flood inundation and water depth.
- Targeted funding will be critical for moving beyond demonstration projects toward systemic change

#### Reference

The Hindu | Nature Based Solution for Mitigating Urban floods

