National Family Health Survey-4

Why in news?

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National Family Health Survey-4 was conducted across 26 states and Union Territories.

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What are the findings of the survey?

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- This is **the first time** the government has conducted a survey to find out the incidence of diabetes and hypertension.
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- More than a fifth of India’s 125-crore population suffers from diabetes and hypertension.
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- The overall incidence of **diabetes was 20.3 %** and that of **hypertension 22.2 %.**
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- States with a higher incidence of hypertension include Punjab (35%), Sikkim (44.8%) and Maharashtra (26%).
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- States with the incidence of diabetes to be higher than the national average include Goa (33.7%), West Bengal (28.2 %), Assam (34.6 %) and Odisha (27.2 %).
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- The deliveries by caesarean section are disproportionately high in private hospitals as compared to government ones making it way above the WHO’s expected rate in any population i.e 25 %.
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- The percentage of caesarean sections is the highest in private hospitals of urban Tripura — 87.1 %.

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- Urban private hospitals of Telangana are a close second with 74.8 % caesarean deliveries, and West Bengal comes third with 74.7 %.
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- The sex ratio improved from **914 to 919** at the national level over the last decade, with the top three states being **Kerala (1,047),** Meghalaya (1,009) and Chhattisgarh (977).
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- In Haryana the sex ratio went down from 897 in NFHS-3 to 876.
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Source: The Indian Express

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