National Ayush Mission (NAM)

Why in News?

Recently, the Ministry of Ayush launched a film series titled "Ayush for All: Holistic Health Care through National Ayush Mission" on National Ayush Mission (NAM).

- **National Ayush Mission (NAM)** – It is a ***Centrally Sponsored Scheme*** launched in ***2014*** for implementing through States/UTs.
- **Aim** :
  - To strengthen Ayush healthcare services.
  - Promote preventive care through Ayushman Arogya Mandir.
  - Integrate Ayush systems into mainstream public health.
  - Development of Ayush educational institutions.

Components of NAM	
Mandatory Components	**Flexible Components**
• Ayush Services • Ayush Health and Wellness Centres • Educational Institutions • Quality Control of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) drugs • Medicinal Plants	• Yoga Wellness Centre • Tele Medicine • Sports Medicine through AYUSH • Innovations on Mainstreaming of • information regarding on-going activities • Reimbursement Testing Charges • Ayush Awareness Program • Reorientation Training Program • Naturopathy Hospital

- **Funding Pattern**
  - For North Eastern States and Himalayan States of *Uttarakhand, Himachal Pradesh* and Union Territory of *Jammu & Kashmir* - Centre 90% and State 10%
  - For the *rest of the States and UTs* - Centre 60% and State 40%.
- **Performance-based budgeting** - In order to incentivize good performing States/UTs, performance-based budgeting has been made.
- **Achievements** - Supported for the establishment of,
  - 167 Integrated Ayush Hospitals
  - 416 upgraded Ayush Hospitals
  - 5036 dispensaries
  - 16 new Ayush educational institutions
  - 3883 Yoga Wellness Centres
  - 1055 Ayush Grams
  - 12,500 Ayushman Arogya Mandir (Ayush).

Essential Ayush medicines were supplied to 996 hospitals and 12,405

dispensaries each year.

- **Significance** – It is a significant initiative in revolutionizing healthcare delivery in distant corners of the country.
- It is bridging the gap in healthcare access, promoting a holistic wellness model and continues to transform lives.
- These initiatives are transforming public health and improving access to preventive and promotive care across the nation.

References

1. PIB| Film Series on National Ayush Mission (NAM)
2. NAM| About National Ayush Mission (NAM)

