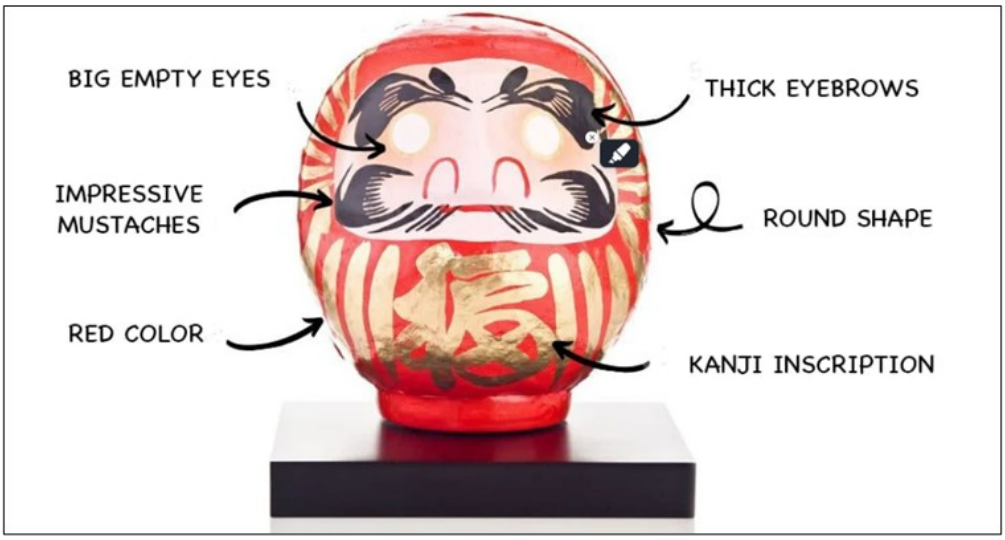
Daruma Doll

Prelims – *Current events of National and International importance| Art & culture.*

Why in News?

Recently, the Indian Prime Minister received a Daruma Doll from the chief priest of the Shorinzan Daruma-Ji Temple during his visit to Japan.

- The Daruma is a ***Japanese doll***, traditionally made out of papier-mache, often gifted or placed in homes, offices, and temples.
- It is considered auspicious and a good luck charm in Japanese culture.
- **Origin –** Takasaki City in Gunma.
- Associated with the ***Shorinzan Daruma-ji Temple***, a centre of Daruma culture.
- **Shape –** It is a round, hollow, weighted at the bottom without arms or legs.
- **Colour –** It varies greatly in colour and design depending on region and artist.
- It is most commonly available in red.
- They also appear in various colours and each carries specific meanings.
    - **Red –** Good fortune and Prosperity
    - **White –** Love and Harmony
    - **Gold –** Wealth and Success
    - **Green –** Health and Fitness.



- **Symbolism –** It represents the popular Japanese proverb ***'Nana korobi ya oki,'*** meaning ***fall seven times, get up eight***.
- It symbolises the ***power of resilience and perseverance*.**
- **Traditional Connection –** It is based on the legacy of ***Bodhidharma, an Indian monk from Kancheepuram,*** founder of **Zen Buddhism**, called ***Daruma Daishi*** in Japan.
- **Goal-Setting Practice –** People colour one eye of the doll before setting a personal goal with the intention of achieving it.
- The other eye remains blank until the goal is fulfilled. It serves as a constant reminder to take action toward achieving your goal.

Reference

The Indian Express| Daruma Doll

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