

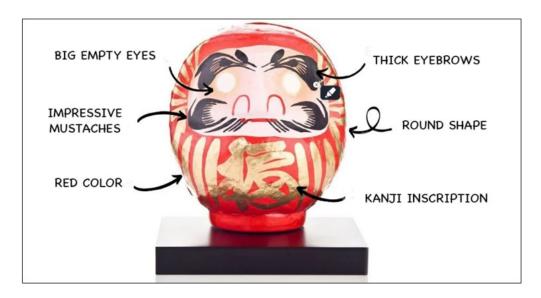
## Daruma Doll

**Prelims -** Current events of National and International importance | Art & culture.

## Why in News?

Recently, the Indian Prime Minister received a Daruma Doll from the chief priest of the Shorinzan Daruma-Ji Temple during his visit to Japan.

- The Daruma is a *Japanese doll*, traditionally made out of papier-mache, often gifted or placed in homes, offices, and temples.
- It is considered auspicious and a good luck charm in Japanese culture.
- Origin Takasaki City in Gunma.
- Associated with the **Shorinzan Daruma-ji Temple**, a centre of Daruma culture.
- **Shape** It is a round, hollow, weighted at the bottom without arms or legs.
- Colour It varies greatly in colour and design depending on region and artist.
- It is most commonly available in red.
- They also appear in various colours and each carries specific meanings.
  - $_{\circ}$   $\boldsymbol{Red}$  Good fortune and Prosperity
  - White Love and Harmony
  - Gold Wealth and Success
  - **Green -** Health and Fitness.



- Symbolism It represents the popular Japanese proverb 'Nana korobi ya oki,' meaning fall seven times, get up eight.
- It symbolises the **power of resilience and perseverance**.
- Traditional Connection It is based on the legacy of <u>Bodhidharma</u>, <u>an</u> <u>Indian monk from Kancheepuram</u>, founder of **Zen Buddhism**, called <u>Daruma Daishi</u> in Japan.
- Goal-Setting Practice People colour one eye of the doll before setting a personal goal with the intention of achieving it.
- The other eye remains blank until the goal is fulfilled. It serves as a constant reminder to take action toward achieving your goal.

## Reference

The Indian Express | Daruma Doll

