

## Daruma Doll

*Prelims - Current events of National and International importance | Art & culture.*

### Why in News?

*Recently, the Indian Prime Minister received a Daruma Doll from the chief priest of the Shorinzan Daruma-Ji Temple during his visit to Japan.*

- The Daruma is a ***Japanese doll***, traditionally made out of papier-mache, often gifted or placed in homes, offices, and temples.
- It is considered auspicious and a good luck charm in Japanese culture.
- **Origin** - Takasaki City in Gunma.
- Associated with the ***Shorinzan Daruma-ji Temple***, a centre of Daruma culture.
- **Shape** - It is a round, hollow, weighted at the bottom without arms or legs.
- **Colour** - It varies greatly in colour and design depending on region and artist.
- It is most commonly available in red.
- They also appear in various colours and each carries specific meanings.
  - **Red** - Good fortune and Prosperity
  - **White** - Love and Harmony
  - **Gold** - Wealth and Success
  - **Green** - Health and Fitness.



- **Symbolism** - It represents the popular Japanese proverb '*Nana korobi ya oki,*' meaning *fall seven times, get up eight.*
- It symbolises the **power of resilience and perseverance.**
- **Traditional Connection** - It is based on the legacy of **Bodhidharma, an Indian monk from Kanchipuram,** founder of **Zen Buddhism**, called **Daruma Daishi** in Japan.
- **Goal-Setting Practice** - People colour one eye of the doll before setting a personal goal with the intention of achieving it.
- The other eye remains blank until the goal is fulfilled. It serves as a constant reminder to take action toward achieving your goal.

## Reference

[The Indian Express| Daruma Doll](#)