

Chronic Pulmonary Aspergillosis (CPA)

Why in News?

Recently, a new research has identified a Chronic Pulmonary Aspergillosis (CPA) in tuberculosis survivors among Assam's tea plantation workers.

- **CPA** It is a serious and *long-term fungal infection* that affects the lungs.
- **Caused by** <u>Aspergillus fumigatus, a fungus</u> that strikes individuals with immunodeficiency.
- Conditions It is a chronic lung disease that occurs commonly in <u>pre-</u> <u>existing lung cavities</u>.
- Poverty, poor nutrition, kitchen smoke, close contact with smear-positive patients and living in congested environments.
- Risk factors It mostly occurs in,
 - \circ Post-Tuberculosis (TB) or active TB patients.
 - People with weakened immune system or
 - Lung diseases.
- Transmission It is not a contagious disease.
- It can't be passed from person to person.

According to the National Tuberculosis (TB) Prevalence Survey 2019-2021, TB has been a major public health issue across the tea belts in Assam's Brahmaputra and Barak valleys, afflicting 217 per 1,00,000 population.



- Incubation period <u>3 months</u> or more.
- **Symptoms** Chronic cough, haemoptysis (coughing blood), weight loss or fatigue and other respiratory.
- Impact It causes severe bleeding in the lungs, which lead to be fatal.
- **Treatment** It vary depending on the severity of symptoms and any underlying conditions.

Using advanced serological testing and radiological imaging, the researchers recorded a CPA prevalence of 17.18% in the year-long study and seropositivity was 18.5% in active TB patients but spiked to 48.9% in those who had completed treatment.

References

- 1. <u>The Hindu| Assam's tea workers prone to Chronic Pulmonary Aspergillosis</u> (CPA)
- 2. <u>Healthline| Chronic Pulmonary Aspergillosis (CPA)</u>

