

### Child health in India

### Why in news?

 $n\n$ 

\n

• The recent National Family Health Survey (NFHS) report has highlighted that economic growth has not transformed positively in regards with health of poor children.

\n

• The survey has evaluated the growth among states in the period from 2006-2016.

\n

 $n\n$ 

### What are the highlights of the report?

 $n\n$ 

\n

• Almost all States have made progress with regard to **stunting** of children under five.

۱'n

- For the country as a whole there is a decline in stunting rate.
- The childhood illness of **diarrhoea** has increased.
- This is indicative of the endemic insanitary conditions and unsafe drinking water prevailing in the country.

\n

- The survey numbers on Wasting has raised huge concerns.
- Even Kerala, known for its outstanding health attainments, has slipped down in this regard is of serious concern.
- Wasting is indicative of poor nutritional status and may be the result of inadequate food intake.
- $\bullet$  A decline in the percentage coverage of BCG, measles, polio and DPT.  $\mbox{\ensuremath{^{\mbox{\sc h}}}}$
- Notable increase in the social sector expenditure in Bihar and Madhya

Pradesh compared to other States has yielded returns.

• These states have performed better than high growth states like Maharashtra, Punjab, Tamil Nadu and Gujarat.

 $n\n$ 

# What do the findings imply?

 $n\n$ 

\n

- $\bullet$  The report has brought out that appropriate policy choices and social intermediation are more important than mere economic growth.  $\label{eq:policy} \ \ \, \text{$\ \ \, $}$
- $\bullet$  An increased need for stepping up social sector expenditure.  $\ensuremath{^{\text{h}}}$

 $n\n$ 

### **Quick Facts**

 $n\$ 

\n

• Bacillus Calmette-Guérin (**BCG**) vaccine is a vaccine primarily used against tuberculosis.

\n

- **DPT** refers to a class of combination vaccines against three infectious diseases diphtheria, pertussis (whooping cough) and tetanus.
- **Stunting** (height-for-age ratio), **Wasting** ((weight-for-height).

 $n\n$ 

 $n\n$ 

## Source: The Hindu, BusinessLine

\n

